

Texhoma Christian Care Center is a North Texas leader in Alzheimer/Dementia care.

Texhoma Christian Care Center dedicates its entire north building to those that have been diagnosed with Alzheimer's and other dementias. This enables staff to provide tailored care to meet each individual's needs according to the stage and progression of their disease.

Texhoma is proud to have Dr. Benny Barnhart, psychiatrist certified in geriatrics, serving as medical director for our Alzheimer/Dementia unit. Dr. Barnhart has specialized training in specific areas of dementia and Alzheimer's and he is currently involved in Alzheimer's research.

Texhoma's secured Alzheimer/Dementia unit staff has advanced continuing education criteria mandated to maintain its certified Alzheimer unit designation. The staff is scheduled 12 hours shifts to minimize disruption within the resident's environment. The residents are able to bond with the staff when they can see the same familiar faces through out the largest part of their day, thus providing a calming factor.

The secured Alzheimer/Dementia unit has a certified Activity Director dedicated to provide residents diagnosed with dementia or Alzheimer's disease an opportunity to participate in activities tailored to their needs and specific behaviors. They are also structured to engage those with cognitive deficits, to enhance memory, and to maintain current function.

Physical therapy, Occupational therapy, and Speech therapy are available to all Alzheimer/ dementia that may qualify in the 4000 sq ft Davis wellness center. Restorative nursing and wellness programs are offered to all residents in all stages with plans tailored to their ability and cognition with the goal of maintaining function and to minimize decline.

Within the north building Texhoma offers a smaller certified secured unit for those who may have symptoms that require supervision. This unit provides residents with close staff supervision and monitoring, a common/dining area, ability to socialize with peers, a bird aviary, and access to an outside courtyard and patio.

Texhoma Christian Care Center also offers a larger unit with close staff supervision to those residents who have a variety of different symptoms. This larger unit includes two dining areas, a sun room, supervised outside access, large screen televisions, and a small library.

Texhoma encourages family participation. Residents and visitors enjoy our accommodating family living area with a second large bird aviary. Texhoma provides services to families with loved ones diagnosed with dementia or Alzheimer's care. Every second Thursday, Texhoma hosts an Alzheimer's support group through the North Texas chapter of the Alzheimer's Association.

Other features offered include, an in house Beauty Shop that provides services from shampoo and cut to hair styling at no additional charge.

Texhoma Christian Care Center is committed to giving back to our community. Our staff hold annual fund raising activities that benefit our local Alzheimer's Association and the annual Alzheimer Association Memory Walk.

For more information on Texhoma Christian Care Center's Alzheimer/Dementia unit or for information on the North Texas chapter of the Alzheimer's Association, please click the following links:

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<http://www.alz.org/northcentraltexas>